

Wheaton North Band Parents and Students,

The Illinois High School Association (IHSA) has recently released a statement that allows schools to offer summer recreation as part of the [IHSA's Phase 4 of Return to Play](#) that aligns with Phase 4 of the Restore Illinois Plan. Health and Safety guidelines will follow the requirements of the Centers of Disease Control, the Illinois State Board of Education, the Illinois Department of Public Health, the National Federation of High Schools (NFHA) and the Illinois High School Association (IHSA).

The Wheaton North and Wheaton Warrenville South High School communities would like to offer our students the opportunity to come back to our campuses **beginning Monday, July 13th** for summer recreation making sure that the health of each student and staff member is the top priority and that all guidelines are being strictly followed.

To summarize:

- Groups of 50 or less can meet indoors and outdoors. Brass and Woodwind players are only permitted to play their instruments outdoors. Percussion and Color Guard may rehearse indoors, but they need to be masked.
 - Outdoor groups of 50 or less must remain at least 30 feet apart from each group.
 - Indoor groups of 50 or less can only have one group per space.
- Equipment will be cleaned/sanitized after each session.
- Band Staff must wear face coverings both inside and outside.
- Students must wear a face covering inside at all times.
- Students must wear a face covering outside unless 6 ft. physical distance is maintained.
- Students must wear a face covering when reporting to and exiting all camps.
- Limited bathrooms will be available inside the building.
- Students must bring their own water bottles and should bring enough water for the entire practice or activity as filling stations will not be available.
- Only non-contact practices and activities will take place. No contests will take place at this time.
- Spectators, including parents, are not allowed at practices and activities.
- Hand sanitizer will be available and students and staff will be asked to wash (if available) or sanitize their hands upon entrance to the practice/activity, exit of the practice/activity and will be encouraged to sanitize their hands often throughout the practice/activity.
- Families must self-check for symptoms of COVID-19 and self-certify prior to each practice/activity that students are not displaying any symptoms. Symptoms include:
 - Fever of 100 F or greater or chills
 - Cough
 - Shortness of breath or difficulty breathing

- Fatigue
- Muscle or body aches
- Headache (not due to a chronic condition)
- New loss of taste or smell
- Sore throat
- Congestion or runny nose (not due to known allergies)
- Nausea or vomiting
- Diarrhea
- Students who have been in close contact with someone who has a confirmed positive for COVID-19 within the past 14 days or anyone experiencing symptoms of COVID-19 should not report to practice or activity and should inform their coach or teacher immediately.
- Close contact, according to the CDC, is defined as being within 6-feet of another person for longer than 15 minutes.
- Students or staff who show symptoms at practice/activity will be sent home immediately and will be referred to a physician for evaluation and testing.

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